

WE'RE ON A MISSION

TO PROVIDE SUICIDE PREVENTION EDUCATION
AND TRAINING TO SCHOOLS AND COMMUNITIES
THROUGHOUT NH!



USING THE EVIDENCE-BASED PREVENTION PROGRAM
SOS: SIGNS OF SUICIDE, WE TRAIN THOUSANDS OF
TRUSTED ADULTS (SCHOOL FACULTY/STAFF, COACHES,
PARENTS, AND COMMUNITY MEMBERS) EACH YEAR.

WE THEN ENCOURAGE YOUTH TO REACH OUT TO A
TRUSTED ADULT IF THEY ARE CONCERNED ABOUT
THEMSELVES OR A FRIEND USING ACT:

Acknowledge signs of depression or
suicide in themselves or a friend.

Care about themselves or a friend by
sharing their concern and the need
for help.

Tell a trusted adult they are worried
about themselves or a friend.

WE ALSO PROVIDE...

Mental health awareness
on social media

Stick It To Stigma™
team PSAs

Quarterly newsletters with
bios, events, and the latest
info on local and national
suicide prevention
efforts

Free tools to help
NH schools train faculty and
staff in youth suicide
prevention



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